

SAFETY STARTS AT HOME

THE IMPORTANCE OF SAFELY STORING
SUBSTANCES IN THE HOME

STORE

- **Think** of storing alcohol, marijuana, tobacco, and prescription medication in the same way you think about storing cleaning products and dangerous tools
- **Explore** safe storage options (found on pg. 2)
- **Evolve** storage plans as youth grow up and family dynamics change
- **Store** substances to give youth an “out,” relieving pressure to participate in risky behaviors

Safely store substances



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TRACK

- **Know** what you have/how much you have; take inventory often
- **Utilize** the 24/7 drop boxes at the Beverly Hospital and the Beverly Police Department lobbies to dispose of expired/unused medication
- **Attend** bi-annual Drug Take Back Days at the Beverly Police Station
- **Take notice** of substances that go missing or are found out of place, and initiate a conversation with your youth

Keep track and dispose



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TALK

- **Model** healthy behaviors involving substance use around youth
- **Teach** older siblings the harm of sharing substances with a younger sibling
- **Establish** a support network among the parents and guardians of your children's friends
- **Create** an open dialogue with your youth around substances, allowing them to ask questions
- **Refer** to materials like the Substance Abuse and Mental Health Services Administration's (SAMHSA) Talk They Hear You for support in having these difficult conversations

Talk with youth



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SAFE STORAGE OPTIONS

40%

of Key Informants reported that youth in Beverly obtain substances from their siblings and parents

39.3%

of Massachusetts High School Students who had reported ever having consumed alcohol, said that they got it at home*

9.7%

of Massachusetts High School Students who had reported using marijuana in the past 30 days, said that they got it at home, either with or without permission*

9.9%

of Massachusetts High School Students who had reported using tobacco in the past 30 days, said that they got it from a family member*

**(Massachusetts Department of Public Health, 2023)*

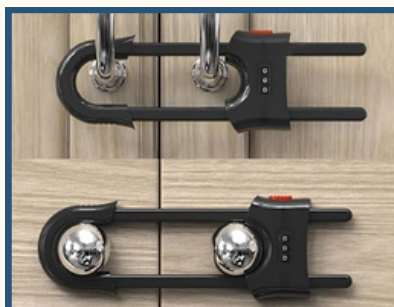
LOCK BOXES

- Smell-proof bags/boxes
- Clear boxes that go in the fridge
- Locked pill bottles



REFRIGERATOR/CABINET LOCKS

- Snake locks
- U-shaped locks
- Smart cabinet locks



TALK. THEY HEAR YOU

For tips on how to start conversations about substance use with your children, visit <https://www.samhsa.gov/talk-they-hear-you>

SAFE MEDICATION DISPOSAL LOCATIONS AND INFORMATION

BEVERLY HOSPITAL LOBBY

85 Herrick Street
24/7 Drop Boxes
(Medications + Sharps)

BEVERLY POLICE DEPARTMENT LOBBY

175 Elliott Street
24/7 Drop Box
(Medications + Sharps)

EMAIL OR CALL TO SCHEDULE A FREE PICK-UP

978-921-6040 x 2533
disposal@beverlyma.gov

BEVERLY DRUG TAKE-BACK DAYS

Every April & October
takebackday.dea.gov to find the date

NOT IN BEVERLY?

Visit takebackday.dea.gov or ask your local pharmacy to find a location near you.

